

## **Who is at risk for a brain injury?**

- According to NIND statistics approximately, 180 . 250 per 100,000 are victims of traumatic brain injury per year. In the United States there are approximately two million brain injury victims annually.
- Of the two million victims, 10% sustain serious brain injury and 80% sustain mild to moderate brain injury.
- Males are at higher risk than females for traumatic brain injury.
- Alcohol abuse is a common feature in TBI.
- Individuals between the ages of 15 to 24 years-old, infants over 6 months-old, toddlers, males and the elderly are at the highest risk for brain injury.
- People living in high-crime and impoverished conditions are at higher than average risk for traumatic brain injury, as well as athletes that engage in contact sports.
- Athletes that have had more than three concussions during their sports career have a slower recovery time from subsequent concussions as compared to athletes that have had no concussions or one prior concussion.